

# THE BAD IMPACTS OF KEEPING YOUR CAR ENGINE ON STATIONARILY (“IDLING”)



**Environmental & air pollution**  
Surroundings filled with toxic gases



**Health problems – lungs & heart**  
Lung cancer & Asthma, Chronic Obstructive Pulmonary Disease (COPD), Congestive Heart Failure (CHF)



**Increased Carbon Footprint**  
Thinning ozone layers  
Global warming

**SAFETY FACT:**  
**DO YOU KNOW THAT SLEEPING IN A CAR WITH IDLING ENGINE IS DANGEROUS?**

“One can die of suffocation as the same air is recycled within the car. Moreover the exhaust fumes from your own car can enter the car and suffocate you.”

**PUT HEALTH & SAFETY INTO PRACTISE**




**“SWITCH OFF”**

**START STOP ENGINE**





**SWITCH OFF YOUR CAR ENGINE WHEN NOT DRIVING OFF**

**KEEP OUR SURROUNDING AIR CLEAN**

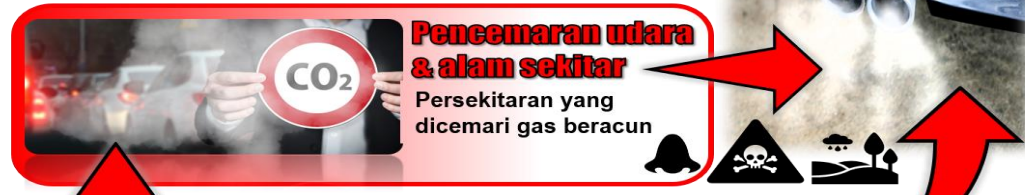


**“NO IDLING”**

**OHS Learning Guideline:-**

 Mandatory Order	 Precautionary Sign
 Safe Sign	 Prohibition / Danger Sign

# KESAN BURUK MEMBIARKAN ENJIN KERETA SENTIASA HIDUP TANPA PERGERAKAN (“IDLING”)



**Pencemaran udara & alam sekitar**  
Persekitaran yang dicemari gas beracun



**Masalah kesihatan paru-paru & jantung**  
Kanser Paru-Paru & Asthma, Penyakit Pulmonari Obstruktif Kronik (COPD) & Kegagalan Jantung Kongestif (CHF)



**Peningkatan Jejak Karbon**  
Lapisan ozon semakin menipis  
Suhu bumi semakin panas

**FAKTA KESELAMATAN:**  
**TAHUKAH AWDA TIDUR DIDALAM KERETA YANG DIBIARKAN HIDUP ENJINNYA ADALAH PERBUATAN YANG MERBAHAYA?**

“Seseorang boleh mati akibat lemas kerana udara yang sama dikitar semula di dalam kereta. Lebih-lebih lagi asap ekzos dari kereta awda sendiri boleh masuk ke dalam kereta dan melemaskan awda.”

**AMALKAN LANGKAH YANG SIHAT & SELAMAT**




**“SWITCH OFF”**

**START STOP ENGINE**

**MATIKAN ENJIN KERETA AWDA APABILA TIDAK MENGGUNAKANNYA**

**JAGALAH KEBERSIHAN PERSEKITARAN UDARA KITA**



**“NO IDLING”**

**Garispandu Pembelajaran KKK:-**

 Arahan Mandatori	 Langkah Berwaspada
 Tanda Selamat	 Arahan Larangan / Tanda Bahaya